



United States of America

Location	Business Name	Contact Information	Formal Qualifications	Meditation Styles, Courses, Classes & Services Offered
California	Incentralism Meditation	li.saul@incentralism.com 760 619 2288 www.incentralism.com	I am certified in Meditation through Allegra Learning Solutions, LLC	Happiness Coaching
California	Integrative Wellness Institute	wellnessstudies@gmail.com 01 626 755 7199 www.integrativewellnessinstitute.org	Fellow, Board Certified in Integrative Health Diplomate of the College of Energy Medicine Diplomate of the College of Mind-Body Medicine Bachelor of Arts Master of Arts Reiki Master Teacher Master-Instructor of Integrated Energy Therapy Crystal Reiki Master Teacher	Meditation Angelic Therapy Shamanic Reiki Master Reiki Master Teacher Color Therapy Integrated Energy Therapy Sacred Geometry Therapy Spiritual Intuitive Consultant Cord Cutting Therapy

The meditation teachers listed within this directory are registered with the International Meditation Teachers Association. They have provided information in regard to their level of experience and their commitment to providing high quality, ethical service. Having said that, the IMTA is not affiliated with, nor can it take responsibility for the actions of any individual member.



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California	Meditation Farm	1jm1lover@gmail.com 7142 782 756	Certified Meditation Teacher	Objectivity Life Coaching and Meditation
Delaware	Vance Larson Life Coaching	vlarson1@aol.com 410 533 6219 www.vancelarsonlifecoaching.com	Certified Life Coach Certified Hypnotherapist Certified First Responder Licensed Chaplain	Life Coaching Hypnosis & Meditation
Maryland	Jason Williams	charmcitypersonaltrainer@gmail.com 4436 910 747 www.jasonwilliamswellbeing.com	B.S. Sports Medicine NSPA - Certified Personal Trainer NASM - PES & FNS Powerhouse Pilates Instructor Transformational Meditation Mindbodygreen Meditation Master (June 2017)	Personal Training Nutrition Coaching Meditation Coaching Pilates and Barre Teacher

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New Jersey	Kathryn Bedard Sojourner, LLC	consultkathryn@gmail.com 1609 468 2042 www.Kathrynbedard.com	Usui Reiki Master 3 Master's Degree, Meditation Sarasvati Hindu Yoga School 1971 Author of Escape from The Land of The Hungry Ghosts - about stress, pain and use of Meditation to enhance 12 step work Instructor in 7-Star Praying Mantis Kung Fu	Provision of Hindu Yoga and various styles of Meditation Reiki Attunement and instruction to the Master 3 level in Usui traditional style Development and provision of an 8-week series for stress reduction Mindfulness and Meditation for dogs and their humans that includes cross-species Yoga Retreats and instructor training
Ohio	Randall Kern Seneca	kern.randall@gmail.com 15 672 017 504	Transformation Meditation Instructor Reiki Master	Transformation Meditation Reiki Levels 1,2,3

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