

United States of America

The following meditation teachers are registered with the International Meditation Teachers Association. They have provided information in regards to their level of experience and their commitment to providing high quality, ethical service. Having said that, the IMTA is not affiliated with, nor can it take responsibility for the actions of any individual member.

New Jersey

Business Name	Contact Information	Formal Qualifications	Meditation Styles, Courses, Classes & Services Offered
Kathryn Bedard; Sojourner, llc	consultkathryn@gmail.com 1609 4682042 Kathrynbedard.com	-Usui Reiki Master 3 -Masters degree, Meditation -Sarasvati Hindu Yoga school 1971 author of Escape From The Land Of The Hungry Ghosts - about stress, pain and use of meditation to enhance 12 step work; instructor in 7-Star Praying Mantis Kung Fu	-Provision of Hindu Yoga and various styles of meditation -Reiki attunements and instruction to the Master 3 level in Usui traditional style -Development and provision of an 8 week series for stress reduction, mindfulness and meditation for dogs and their humans that includes cross-species yoga -Retreats and instructor training.

Maryland

Business Name	Contact Information	Formal Qualifications	Meditation Styles, Courses, Classes & Services Offered
Jason Williams	charmcitypersonaltrainer@gmail.com 4436910747 www.jasonwilliamswellbeing.com	-B.S. Sports Medicine -NSPA-Certified Personal Trainer -NASM-PES & FNS -Powerhouse Pilates Instructor -Transformational Meditation -Mindbodygreen Meditation Master (June2017)	-Personal Training -Nutrition Coaching -Meditation Coaching -Pilates and Barre Teacher

California

Business Name	Contact Information	Formal Qualifications	Meditation Styles, Courses, Classes & Services Offered
Incentralism Meditation	li.saul@incentralism.com 760-619-2288 www.incentralism.com	I am certified in meditation through Allegra Learning Solutions, LLC	Happiness Coaching
Integrative Wellness Institute	wellnesstudies@gmail.com 01-626.755.7199 www.integrativewellnessinstitute.org	Fellow, Board Certified in Integrative Health, Diplomate of the College of Energy Medicine, Diplomate of the College of Mind-Body Medicine, Bachelor of Arts, Master of Arts, Reiki Master Teacher, Master-Instructor of Integrated Energy Therapy, Crystal Reiki Master Teacher	Meditation, Angelic Therapy, Shamanic Reiki Master, Reiki Master Teacher, Color Therapy, Integrated Energy Therapy, Sacred Geometry Therapy, Spiritual Intuitive Consultant, Cord Cutting Therapy

Meditation farm	1jm1lover@gmail.com 7142782756	Certified meditation teacher	Objectivity life coaching and meditation

Ohio

Business Name	Contact Information	Formal Qualifications	Meditation Styles, Courses, Classes & Services Offered
Randall Kern Seneca	kern.randall@gmail.com 15672017504	Transformation Meditation Instructor Reiki Master	Transformation Meditation Reiki Levels 1,2,3

Delaware

Business Name	Contact Information	Formal Qualifications	Meditation Styles, Courses, Classes & Services Offered
Vance Larson Life Coaching	http://www.vancelarsonlifecoaching.com/ vlarson1@aol.com 410-533-6219	Certified Life Coach Certified Hypnotherapist Certified First Responder Licensed Chaplain	Life Coaching Hypnosis & Meditation

