



Brazil

Location	Business Name	Contact Information	Formal Qualifications	Meditation Styles, courses, classes & services offered
Rio de Janeiro	Mindfulness Techniques for Athletes – Secrets to Athletics Peak Performance	gabriel.menezes@spartancast.com.br 5521 997 649 858 www.spartancast.com.br	Sports Coaching Performance Meditation Teacher Founder at SpartanCast – The first channel dedicated to inspire amateur athletes	Sports Coaching Techniques combined with Meditation Practices How to Unleash your Inner Potential to reach Athletics Peak Performance through Meditation Mindful Practices for Athletes

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