



New Zealand

Location	Business Name	Contact Information	Formal Qualifications	Meditation styles, courses, classes & services offered
Queenstown	Moving to Stillness	lynne@eapmentor.com +64212124986 www.movingtostillness.com	B.A. (Psych) Graduate Diploma Education Diploma Remedial Massage Diploma Bowen Therapy Cert IV Training and Assessment Mindfulness Meditation Teacher Awareness Mentor Wellness Coach	Meditation Classes (group & private) Awareness & Mindfulness Mentoring Programs Wellness Coaching

The meditation teachers listed within this directory are registered with the International Meditation Teachers Association. They have provided information in regard to their level of experience and their commitment to providing high quality, ethical service. Having said that, the IMTA is not affiliated with, nor can it take responsibility for the actions of any individual member.