



# England, Ireland & Scotland

| Location           | Business Name           | Contact Information   | Formal Qualifications   | Meditation styles, courses, classes and services offered  |
|--------------------|-------------------------|---|-------------------------|---|
| Swanage,<br>Dorset | The Inner Space Project | <a href="mailto:nikki@innerspaceproject.com">nikki@innerspaceproject.com</a>                          | Connected Kids™ tutor   | Children's meditation tutor, trainer for adults to teach children                                     |
| United<br>Kingdom  |                         | Phone: 44 77478 38180<br><br><a href="http://www.innerspaceproject.com">www.innerspaceproject.com</a> | Connected Kids™ trainer | Adult mindfulness<br><br>Working in schools, homes and in the community<br><br>Available for NHS work |

The meditation teachers listed within this directory are registered with the International Meditation Teachers Association. They have provided information in regard to their level of experience and their commitment to providing high quality, ethical service. Having said that, the IMTA is not affiliated with, nor can it take responsibility for the actions of any individual member.